



Appetisers

Soup of the Day Crusty bread	£4.95
Devilled Whitebait Homemade herb mayonnaise	£5.95
Smoked Duck Salad ^(GF) Pear, walnut, honey & mustard dressing	£6.95
Grilled Goats Cheese ^(GF) Beetroot chutney, Serrano ham & salad leaves	£6.95
Moules Mariniere ^(GF) Lemon grass, ginger, spring onions & sugar snaps	£7.95
Platter of Nibbles to Share Olives, spiced peanuts, hummus, rosemary & sea salt croutes, tortilla crisps, sweet chilli dip & root crisps	£8.95



Vegetarian *Dishes*

All dishes £8.95

Green Bean & Asparagus Salad ^(GF) Pink grapefruit & citrus dressing
Roast Butternut Squash Salad ^(GF) Beetroot & a warm cumin & garlic dressing
Thai Green Vegetable Curry Fragrant rice

Sunday Roast Lunches
12pm till 2pm

Afternoon Tea
12pm till 4pm daily
(Reservation required)

Private Dining
Available

Why not book our Landsker room for your special occasions? A private dining space available for up to 16 guests



Favourites

Warm Salmon & Dill Salad ^(GF) New potatoes, lemon & dill dressing	£8.95
Traditional Cod & Salmon Fishcakes Salad leaves & chili jam	£8.95
Grilled Haddock Rarebit Creamed potatoes	£9.95
Steak Sandwich Sautéed onions, mushrooms, coleslaw & salad	£9.95
Southern Fried Chicken Wrap Sweet peppers, homemade coleslaw & tomato salsa	£9.95
Fried Haddock in Beer Batter Hand cut chips & Peas	£10.95
Seafood Linguine Clams, cockles, & shrimp in a cream & white wine sauce	£10.95
Chicken Thai Green Curry ^(GF) Fragrant rice	£10.95



Grills

Served with Roasted Vine Tomatoes, Button Mushrooms & Homemade Chips

8oz Rib Eye Steak ^(GF) Peppercorn sauce, blue cheese sauce or Café de Paris butter	£18.95
8oz Sirloin Steak ^(GF) Go Large - 2 x 8oz	£17.95 £23.95
10oz Gammon Steak ^(GF) Egg & pineapple	£12.95
Chicken Breast ^(GF) Lemon, garlic & glazed with honey	£12.95
Salmon Steak ^(GF) Asparagus & herb mayonnaise	£12.95



Burgers

Plas Classic Burger £10.95
Hand cut chips, sautéed onions & mustard mayonnaise

Cajun Chicken Burger £10.95
Hand cut chips & burger relish

Lamb Burger £10.95
Hand cut chips, yogurt & mint sauce

Add extra toppings £1 each

- Perl Las (Welsh Blue Cheese)
- Perl Wen (Welsh Brie Cheese)
- Cheddar Cheese
- Monterey Jack Cheese
- Café de Paris Butter
- Black Pudding
- Smoked Bacon



Specials

Braised Lamb Shank (GF) £11.95
Rich red wine sauce & root vegetables

Venison Haunch Steak £14.95
Port & red wine sauce, vegetables, parsley & thyme dumplings

Pan Fried Bass Fillet (GF) £17.95
Laver bread, mashed potatoes, shrimp & cockle butter

Roast Belly Pork (GF) £13.95
BBQ sauce & creamed mash



Sides

Marinated Olives (GF)	£2.50	Sweet Potato Fries	£3.25
Crusty Bread	£1.95	Hand Cut Chips	£2.95
Garlic Bread	£4.50	Creamed Mash	£4.50
Garlic Bread with Cheese	£4.95	<i>Parmesan & truffle oil</i>	
House Salad (GF)	£3.45	Sautéed Potatoes	£3.50
Seasonal Vegetables (GF)	£3.45	<i>Café de Paris butter</i>	



Little Ones

All £6.95

Homemade Chicken Goujons

Chips & beans

Roasted Pork Sausage

Mash & peas

Pasta ^(V)

Tomato sauce or creamy cheese sauce

Homemade Fish Goujons

Chips & beans

Mini Gammon Steak ^(GF)

Chips & fried egg

Scampi

Chips & peas



Desserts

Dessert of the Day

Please ask for today's choice

White Chocolate & Raspberry Mousse ^(GF)

Lemon Sorbet

Crème Brûlée ^(GF)

Caramelised orange

"Cariad" Coffee & Chocolate Cup ^(GF)

Amaretti biscuits

Pear, Orange & Cardamom Panna Cotta

Taster of Welsh Cheeses

Traditional accompaniments

A selection of Sorbet from Fire & Ice, Narberth also available; please ask your server

All £6.95

If you have any dietary requirements, allergies or intolerances please ask a member of staff for advice or our allergen Information sheet





We promote the very best of fresh, seasonal food that Pembrokeshire has to offer.

Our food suppliers include

Cariad Coffee

Andrew Rees Butchers, Narberth

Wisebuys, Narberth

Fire & Ice, Narberth

Castell Howell Foods

Proper Welsh Milk

County Bakery Stores, St Clears

Templeton Beer Wine and Spirit

'Mark the Shark', Milford Haven

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